COUNSELLING POLICY

VISION

To provide society a center of learning that excels in Management Education and Professional development.

MISSION

1. Offering contemporary, progressive, technology and heritage- driven management education.

2. Facilitate strong networking with professionals and industry.

3. Develop competent professionals to lead businesses.

4. Contribute to the expanding body of knowledge in management.

5. Provide management and training solutions to the industry.

Purpose:

Counseling is a crucial component of student support system, designed to address their emotional, academic, social and career-related challenges. This is integral to student's holistic development ensuring they excel not only academically but also thrive personally and socially. This helps build foundation for lifelong success.

KIM has a dedicated student counsellor. The counsellor is trained in her field and is responsible for helping students gain an understanding of themselves and the situations facing them and to help them develop strategies to cope with change especially in a residential setting.

Aims and Objectives:

1. To enhance academic performance

2. To provide career guidance

3. To address social and personal challenges

4. To identify problems at the earliest

5. To foster emotional well-being

Counselling Procedures

Counselling is an integral part of the institute to support the emotional health and holistic development of the student. The Counsellors act as facilitators and the students are encouraged to speak out their feelings and emotions without interference. This helps the students introspect, and the Counsellor generally helps them to handle the matter by themselves. However, guidance is provided whenever required.

A good rapport with the students is of prime importance in counselling. In our residential setup, it is strengthened by interacting with students regularly, monitoring their academic performance and co-curricular activities, checking on their eating habits and offering suggestions for improvement wherever required for holistic growth. Moral Instruction classes also aid in building a rapport with the students.

All records of Counselling are kept confidential. Reports are submitted to the Director and Dean with the necessary suggestions for further action. Counsellors' meetings are held once in a month. The Counsellor's report is sent to the parents if required and on request.

Individual Counselling

One-on-one counselling is provided to the students on a regular basis. It takes place in the counsellor's office whenever the need arises.

Group Counselling

Group sessions are conducted to inculcate values and ethics for life and to address common problems of growing up life skill issues.

Self- Management Therapy

Self-Management Therapy covers Relaxation Therapy, Meditation, Thought Stopping and Yoga for the required students to exercise self-control. It is mainly provided for the students to handle Stress, anxiety, disturbed thoughts and sleeplessness.

Career Counselling & Guidance

Personality tests and inventories are administered for all the classes during the academic year. This

helps them know the traits that are dominant

in them and vocations are suggested based on these traits.

Standardized interactions are administered during the Academic year. This gives a clear understanding of the correlation between their choice of subjects and the interaction report. The report also aids in understanding the student's subject strengths and weaknesses. It helps the students in choosing the subject combination for further education. Academic Counselling is provided based on their performance in the term examinations.

Code of Ethics:

Role of a Counsellor:

1.   To conduct counselling session for select group of students.

2.   To arrange programmes to strengthen the confidence and self-reliance of students.

3.   To give counselling to students who seek appointments.

4.   To keep record of the students who seek counselling as confidential information.

5.   To respect the privacy of the students.

6.   To provide necessary data to IQAC whenever needed.